

Stephens College Counseling Program

Program Delivery Types & Location

The Counseling program's clinical mental health counseling and school counseling specialization programs are delivered via blend of two formats. The primary program delivery format is through in-person/synchronous (i.e., in-class, face-to-face) courses, with the remaining courses delivered in a digital/synchronous (i.e., online via zoom/face-to-face at a dedicated date/time) format. All in-class/face-to-face and online/digital (synchronous) courses are delivered at/from the Stephens College main campus in Columbia, MO. During periods of inclement weather, faculty may provide courses via the online/digital format from a secure off-campus location.

The program highlights the format of each course delivery type in the following documents in this document. These documents are also available in the Student Handbook and via the following Counseling program homepage links:

- *Program Delivery Types & Location*
- *Program Handbooks & Curriculum (see, Student Handbook)*
- *Clinical Mental Health Counseling Specialization*
- *School Counseling Specialization*

These documents are posted on pages 2-5 below. Detailed explanations of the CMHC and SC degree plans are found in the Student Handbook.



Stephens College Counseling Program 3-Year Course Rotation

Subject to Revision

C=Classroom

OS=Online/Synchronous

TBD=To Be Determined

Course #/Title	Sum 2024	Fall 2024	Spr 2025	Sum 2025	Fall 2025	Spr 2026	Sum 2026	Fall 2026	Spr 2027	Sum 2027
Core Curriculum										
COUN 500: Core Counseling Skills		C			C			C		
COUN 501: Professional Orientation & Ethics		C			C			C		
COUN 505: Theories of Counseling			C			C			C	
COUN 515: Diagnosis & Treatment Planning		C			C			C		
COUN 520: Group Counseling			C			C			C	
COUN 535: Intro to Marriage & Family Counseling			C			C			C	
COUN 540: Assessment				OS						OS
COUN 545: Advanced Human Development	OS						OS			
COUN 550: Career Counseling & Development			OS			OS			OS	
COUN 555: Multicultural Counseling					C			C		
COUN 560: Research Methods	OS						OS			
COUN 575: Human Sexuality in Counseling				OS						OS
COUN 590: Introduction to Substance Abuse		OS			OS			OS		
COUN 600: Child & Adolescent Counseling			C			C			C	
COUN 630: Crisis and Trauma Counseling			C			C			C	
Clinical Mental Health Counseling Specialization										
COUN 680: Special Topics in Counseling		C			C			C		
COUN 635: Counseling Theory & Methods		C			C			C		
COUN 601: CMHC Practicum	C	C	C		C	C		C	C	
COUN 607: CMHC Internship I	C	C	C	C	C	C	C	C	C	C
COUN 608: CMHC Internship II	C	C	C	C	C	C	C	C	C	C
School Counseling Specialization										
COUN 655: SC Foundations & Program Development					OS					
COUN 660: Comprehensive SC Program Delivery		OS						OS		
COUN 602: SC Practicum & Behavior Strategies			C			C			C	
COUN 603: SC Internship I		C			C			C		
COUN 604: SC Internship II			C			C			C	
School Counseling Requirement for Non-Education Majors										
EDU 464: Psychology of the Exceptional Child	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD
EDU 476: Foundations of Teaching & Learning	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD

60 Credit Hour Clinical Mental Health Counseling Specialization (CMHC)

CMHC Core Curriculum (45 credits)	
COUN 500: Core Counseling Skills (3)	Classroom
COUN 501: Professional Orientation & Ethics (3)	Classroom
COUN 505: Theories of Counseling (3)	Classroom
COUN 515: Diagnosis & Treatment Planning (3)	Classroom
COUN 520: Group Counseling (3)	Classroom
COUN 535: Intro to Marriage & Family Counseling (3)	Classroom
COUN 540: Assessment (3)	Online (Synchronous)
COUN 545: Advanced Human Development (3)	Online (Synchronous)
COUN 550: Career Counseling & Development (3)	Online (Synchronous)
COUN 555: Multicultural Counseling (3)	Classroom
COUN 560: Research Methods (3)	Online (Synchronous)
COUN 575: Human Sexuality in Counseling (3)	Online (Synchronous)
COUN 590: Intro to Subs Abuse & Process Addictions (3)	Online (Synchronous)
COUN 600: Child & Adolescent Counseling (3)	Classroom
COUN 630: Crisis & trauma Counseling (3)	Classroom
CMHC Specialization Curriculum (6 credits)	
COUN 635: Counseling Theory & Methods (3)	Classroom
COUN 680: Special Topics in Counseling (3)	Online (Synchronous)
CMHC Clinical Sequence (9 credits)	
COUN 601: Counseling Practicum (100 hrs.) (3)	Classroom
COUN 607: Clinical Mental Health Internship I (300 hrs.) (3)	Classroom
COUN 608: Clinical Mental Health Internship II (300 hrs.) (3)	Classroom
CMHC Exam Schedule (*Graduation Requirement)	
Counselor Preparation Comprehensive Exam (CPCE)*	Taken during COUN 608 semester
National Counselor Exam (NCE)	Taken after CPCE (COUN 608 semester)

School Counseling Specialization
(60 credit hour; DESE-Approved)

Core Curriculum (45 credits)	
COUN 500: Core Counseling Skills (3)	Classroom
COUN 501: Professional Orientation & Ethics (3)	Classroom
COUN 505: Theories of Counseling (3)	Classroom
COUN 515: Diagnosis & Treatment Planning (3)	Classroom
COUN 520: Group Counseling (3)	Classroom
COUN 535: Intro to Marriage & Family Counseling (3)	Classroom
COUN 540: Assessment (3)	Online (Synchronous)
COUN 545: Advanced Human Development (3)	Online (Synchronous)
COUN 550: Career Counseling & Development (3)	Online (Synchronous)
COUN 555: Multicultural Counseling (3)	Classroom
COUN 560: Research Methods (3)	Online (Synchronous)
COUN 575: Human Sexuality in Counseling (3)	Online (Synchronous)
COUN 590: Intro to Subs Abuse & Process Addictions (3)	Online (Synchronous)
COUN 600: Child & Adolescent Counseling (3)	Classroom
COUN 630: Crisis & Trauma Counseling (3)	Classroom
SC Specialization Curriculum (6 credits)	
COUN 655: SC Foundations & Program Development (3)	Online (Synchronous)
COUN 660: Comprehensive SC Program Delivery (3)	Online (Synchronous)
SC Specialization Option (9 credits)	
COUN 602: SC Practicum & Behavioral Strategies (100 hrs.) (3)	Classroom
COUN 603: SC Internship I (300 hrs.) (3)	Classroom
COUN 604: SC Internship II (300 hrs.) (3)	Classroom
Required for Non-Education Majors	
EDU 464: Psychology of the Exceptional Child (3)	Online (Synchronous)
EDU 476: Found of Teaching Prof-Learning Process (3)	Online (Synchronous)
Exam Schedule	
Counselor Preparation Comprehensive Exam ▪ Graduation Requirement)	Taken during COUN 602 Semester
Praxis Exam ▪ State of MO/DESE requirement for SC Certification	After completion of COUN 655 and COUN 660
National Counselor Exam (NCE) ▪ State of MO requirement for licensure as professional counselor	During COUN 608 Semester

School Counseling Specialization

(45 credit hour; DESE-approved)

Core Curriculum (33 credits)	
COUN 500: Core Counseling Skills (3)	Classroom
COUN 501: Professional Orientation & Ethics (3)	Classroom
COUN 505: Theories of Counseling (3)	Classroom
COUN 520: Group Counseling (3)	Classroom
COUN 540: Assessment (3)	Online (Synchronous)
COUN 545: Advanced Human Development (3)	Online (Synchronous)
COUN 550: Career Counseling & Development (3)	Online (Synchronous)
COUN 555: Multicultural Counseling (3)	Classroom
COUN 560: Research Methods (3)	Online (Synchronous)
COUN 600: Child & Adolescent Counseling (3)	Classroom
COUN 630: Crisis & trauma Counseling (3)	Classroom
School Counseling Specialization Curriculum (6 credits)	
COUN 655: SC Foundations & Program Development (3)	Online (Synchronous)
COUN 660: Comprehensive SC Program Delivery (3)	Online (Synchronous)
SC Clinical Sequence (6 credits)	
COUN 602: SC Prac & Behavioral Strategies (100 hrs./3)	Classroom
COUN 603: SC Internship I (300 hrs.) (3)	Classroom
Required for Non-Education Majors	
EDU 464: Psychology of the Exceptional Child (3)	Online (Synchronous)
EDU 476: Found. of Teaching Prof-Learning Process (3)	Online (Synchronous)
School Counselor Exam Schedule	
*Graduation Requirement	
**State of Missouri/DESE Requirement for SC Certification-Not a Graduation Requirement	
*Counselor Preparation Comprehensive Exam (CPCE)	During COUN 603 Semester
**Praxis Exam	After completion of COUN 655 and COUN 660